

PERSONAL TRAINING PRICING INDIVIDUAL

SESSION TYPE (60-MINUTES)	PUMMEL GARAGE	MOBILE TRAINING SESSION
1 SESSION	\$60/SESSION	\$90/SESSION
8 SESSION PACK	\$55/SESSION - \$440 TOTAL	\$ 85/SESSION - \$680 TOTAL
13 SESSION PACK	\$50/SESSION - \$650 TOTAL	\$ 80/SESSION - \$1040 TOTAL

PUMMEL ATHLETIC PERFORMANCE PROGRAM

PUMMEL GARAGE

\$38.50/SESSION

SCHEDULE 13 SESSIONS PER MONTH

INDIVIDUAL \$500/menth



PUMMEL TRAILER

\$60.00/SESSION

SCHEDULE 13 SESSIONS PER MONTH

INDIVIDUAL \$780/menth

THE BEST INVESTMENT ON THE MARKET

SMALL GROUP PRICING (UP TO 4) - SPLIT ALL PRICES ABOVE EVENLY

ALL PACKS OR MONTHLY PROGRAMS INCLUDE

ALL ACCESS COACHING FROM OUR TRAINERIZE APP
ADD-ON MACRO NUTRITIONAL COUNSELING FOR FREE
DAILY PROGRAMMING FOR WORKOUTS
EXCLUSIVE APPAREL OPPORTUNITIES
OUR SESSION BANK POLICY (MONTHLY PROGRAMS ONLY)

JACOB HENDRIX, CSCS

CONTACT US TODAY
EMAIL: COACHJ@PUMMELPRO
PHONE: 205-765-2351

